



Bite Size: Meeting the Child and Adult Care Food Program (CACFP) Meal Patterns for Children

Resources for Module 7C: Grains Component Ounce Equivalents

This document contains the resources highlighted in the Connecticut State Department of Education's (CSDE) Bite Size Module 7C.

Bite Size: Meeting the CACFP Meal Patterns for Children (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize>

CACFP Grains Ounce Equivalents Resources (USDA webpage):

<https://www.fns.usda.gov/tn/grains-ounce-equivalents-resources-cacfp>

Calculation Methods for Grains Ounce Equivalents for the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/GrainCalculationCACFP_ozeq.pdf

Crediting Single-Serving Packages of Grains in the CACFP – Handouts in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/crediting-single-serving-packages-grains-cacfp>

Determining Ounce Equivalents of Grains in CACFP Recipes – Handout in English and Spanish (USDA):

<https://www.fns.usda.gov/tn/determining-ounce-equivalents-grains-cacfp-recipes>

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):

<https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf>

Grain Crediting Worksheets (CSDE's Crediting Foods in CACFP Child Care Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#CreditingWorksheets>

Grain Ounce Equivalents for the CACFP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/GrainOzEqCACFP.pdf>

How to Maximize the Exhibit A Grains Tool (USDA webinar):

<https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool>

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Product Formulation Statement for Documenting Grains in Child Nutrition Programs
(USDA):

[https://www.fns.usda.gov/sites/default/files/resource-files/
PFS_Grains_Oz_Eq_Fillable_508.pdf](https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf)

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

USDA Memo COVID-19: Child Nutrition Response #91: Nationwide Waiver to
Allow Specific Meal Pattern Flexibility in the CACFP for School Year 2021-2022:

<https://www.fns.usda.gov/cn/child-nutrition-response-91>

Using Ounce Equivalents for Grains in the CACFP – Handouts in English and Spanish
(USDA):

<https://www.fns.usda.gov/tn/using-ounce-equivalents-grains-cacfp>

Using Product Formulation Statements in the CACFP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/PFScacfp.pdf>

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The CSDE's Bite Size is a series of recorded training modules that provide information on the meal pattern components and crediting requirements of the USDA's CACFP meal patterns for children. To access the Bite Size training modules and resources, visit the [Bite Size](#) section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage.

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- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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